

**STEIN NEIGHBORHOOD SENIOR CENTER  
LUNCH MENU- MARCH 2019**

**BUSINESS HOURS: MONDAY'S- FRIDAY'S 8:00AM -4:00PM  
LUNCH TIME: 12:00-1:00PM FUNDED IN PART BY DFTA**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND MEAL
				<b>1</b>	
				Soup- Chicken Noodle Jumbo Stuffed Shells w/ Meat Sauce Roasted Broccoli	Chicken Stir Fry with Vegetables Brown Rice Sautéed Spinach
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	
Soup Vegetable Beef Meatloaf Rice Pilaf Capri Blend Vegetables	Soup- Split Pea Baked Mushroom Chicken Roasted Potatoes Whole Brussel Sprouts	Baked Breaded Fish French Fries Italian Blend Vegetables	Soup- Polish Cabbage Beef Brisket with Tomatoes & Onions Rice with Vegetables Kale and Lemon	Soup-Cream of Broccoli Eggplant Parmesan Pasta (1/2 cup) Collard Greens	Cranberry Chicken Perfect White Rice Sautéed Spinach
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	
Soup- Butternut Squash Chicken Parmesan Spaghetti Boiled Zucchini s	Spanish Style Beef Stew Perfect White Rice Steamed Broccoli	Soup Lentil Homemade Breaded Fish Egg Noodles Beet Salad	Soup Broccoli & Potato Pork Spare Ribs Rice with Corn Steamed Spinach	Baked Ziti w/ cheese Permission & Mozzarella Garden Salad Kale and Lemon	Chicken and Broccoli Stir Fry Chinese Style Spaghetti Asian Cabbage
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	
Corn Beef Cabbage Red Potatoes	Soup Cream of Broccoli Arroz con Pollo Chicken Breast and Rice Mixed Green Salad	Soup Broccoli and Potato Apricot Glazed Salmon Sweet Noodle Kugel Chinese Style Steamed Cauliflower	Baked Ziti with Cheese Steamed Broccoli	Vegetable Lasagna Collard Greens	Honey Mustard Chicken Breast Baked Brown Rice Pilaf Sautéed Spinach
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	
Italian Roast Chicken Boiled Potatoes and Carrots Multigrain Bread Beet Salad	Homemade Roast Pork Spanish Style Brown Rice with Pigeon Peas Steamed Kale	Deluxe Cheeseburger with Onions Garlic and Rosemary Roasted Potatoes Hamburger Bun, Whole Wheat Garden Salad	Baked Breaded Chicken Cutlet Pasta (1/2 cup) Beet, Arugula and Feta Salad	Oven Fried Fish Homemade Mashed Potatoes Baby Carrots with Parsley	Coconut Curried Chicken Breast Brown Rice Sautéed Spinach

**THE LUNCH MEAL IS SUBJECT TO CHANGE**

**ALL LUNCHES CONTAIN A COLD PACK-1% MILK, FRUIT, JUICE**

**NO ONE AGE 60 & OVER WILL BE DENIED A MEAL, IF UNABLE TO GIVE THE \$2.00 SUGGESTED DONATION  
AFTER 1PM- IF ANY FOOD IS LEFT OVER- GUEST UNDER AGE 60, WISHING TO EAT...ARE REQUIRED TO PAY \$5.00**