

STEIN SENIOR CENTER

Jane Barry, Executive Director Bob Doxsey, Deputy Director

Interim Location

The East End Temple

245 East 17th Street

Between 2nd & 3rd Avenues

(Closer to 2nd Avenue)

New York, NY 10003

Tel: (646) 395 – 8083

Fax: (212) 477-6619

Website: steinseniorcenter.org

HOURS OF OPERATION: 10:00AM – 2:00PM

SEPTEMBER 2012 NEWSLETTER



LABOR

DAY

Greetings From the Fourth Floor

It's September already! The time for new beginnings and we have several. Our new website was launched after months of planning and writing and re-writing. We want to thank our new board chairperson, Leigh Merrill and our neighborhood member, Carolyn Bowers for their tireless efforts to get this site up and running. It's beautiful and user-friendly and gives you all the information you need. It also allows visitors to donate on-line via Paypal. We're really coming into the 21st century! We are working together to plan some exciting fundraisers later this year and next Spring, and we hope you will attend these events to support SteinSeniorCenter.

Our renovation at 204 East 23rd Street is going well. We are still on schedule to move in early October. The new site will be clean, bright, beautiful and have all the wonderful programs that Stein is known for. We are also planning new initiatives and partnerships that we will announce in the near future. We feel very blessed to have had the help and support of our elected officials and the expertise and funding from NYC Department for the Aging. We thank our members for their constant support and participation over this long year of wrangling back and forth. We have raised a significant amount of money toward our "Building Fund" and continue to receive generous donations toward our goal.

Finally, we want to thank Rabbi Adelson and the Board of The East End Temple for being so flexible in extending our stay at the Temple according to our needs. Our original schedule to move within three months has lengthened several times to nine months from the time we moved in!

Jane Barry, Executive Director

**STEINSENIORCENTER
DATES TO REMEMBER**

**Monday, September 3rd: CLOSED
LABOR DAY**

**Monday, September 17th: CLOSED
ROSH HASHANAH**

Tuesday, September 25: CLOSED AT 12:30

**Wednesday, September 26: CLOSED
YOM KIPPUR**

PLEASE NOTE:

On September 25th we will give 2 boxed lunches:

one for Sept. 25th and...

one for Sept. 26th

DISTRIBUTED BETWEEN 11:15 – 12:30

**Monday, October 1st: CLOSED
SUKKOT**

STEINSENIORCENTER SEPTEMBER ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED: 9/3: Labor Day 9/17: Rosh Hashanah Folk Dancing: 10:00-11:00 Room 403 9/10, 9/24 Opera Appreciation: 1:15-2:15 Lower Level 9/10, 9/24 Tai Chi: 2:30-3:15 Lower Level 9/10, 9/24	Knitting: 10:00-11:30 Room 403 9/4, 9/11, 9/18, 9/25 Current Events Discussion Group: 1:00-2:00 Room 403 9/11 CLOSED 12:30 on 9/25 Remember Pick Up 2 Lunches For 9/25 & 9/26	CLOSED: 9/26: Yom Kippur Belly Dancing: 10:15-11:00 9/19 Drama Club: 1:00-2:00 Lower Level 9/12, 9/19 Beth Israel Wellness Presentation By Sharon Voytush "Your Feet or Your Fortune" 11:00 Lower Level 9/19	Meditation: 10:15-11:15 Room 403 9/13, 9/20, 9/27 Yoga: 1:15-2:15 Lower Level 9/13, 9/20, 9/27	Arthritis Exercise: 10:45-11:45 Room 403 9/14, 9/21, 9/28 Shakespeare: 1:15-2:15 Lower Level 9/7, 9/14, 9/21, 9/28 Yiddish Club: 10:30-11:30 Room 402 9/7, 9/14, 9/21, 9/28

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SPECIAL PROGRAMS

<p style="text-align: center;">Performing Arts Desk</p> <p style="text-align: center;">Wednesday and Thursday</p> <p style="text-align: center;">10:30 – 1:30 Lower Level</p> <hr/> <p style="text-align: center;">Crime Victim Services</p> <p style="text-align: center;">Program Coordinator and Victim Advocate Teresa Navarro</p> <p style="text-align: center;">646 395-8083 tnavarro@steinseniorcenter.org</p>	<p style="text-align: center;">We Care Committee</p> <p>Contact Florence Stoller or Pat Keegan</p> <p>Tell them about people you have not seen and are concerned about.</p> <p>A call will be made and, as appropriate, a card sent.</p> <p>(You can always leave a message for Florence or Pat with Anne Lewent or Sandy Daniels)</p>
<p style="text-align: center;">Shop & Escort</p> <p style="text-align: center;">Shopping services and escort to appointments</p> <p style="text-align: center;">Call Anne Lewent at least 3 days in advance 646 395-8083</p>	<p style="text-align: center;">Massage Program ONLY 2 DAYS IN SEPTEMBER Wednesday, September 12th and Wednesday, September 19th Room 401 10:00-2:00 By Appointment Only \$15 per ½ Hour Session Pre-paid Call Anne 646 395-8083</p>
<p>Registration Tuesday and Thursday 10:00-1:00 Room 402</p> <ol style="list-style-type: none"> 1. Please bring proof of your age. 2. The name, address, and telephone number of your doctor, hospital or clinic. 3. The name, address, and telephone number of an emergency contact such as your spouse, other relative, or friend. 4. A list of medications you are taking along with the daily dosage. 	

ALL MEMBERS

Need an updated membership card with a '13 sticker

Go to 4th Floor, Room 402

Tuesday and Thursday

10:00-1:00

FREE LEGAL ASSISTANCE

Tuesday, September 11th

1:15 – 2:30

Lower Level

9/13 at 11:00

“DOCTOR AT STEIN”

**We're looking at bringing a doctor to Stein
and we'd appreciate your feedback and opinions**

STEIN SENIOR CENTER SEPTEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED LABOR DAY	4 Orange Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Spears Pears	5 Grape Juice Baked Chicken Whole Wheat Bread Mashed Potato Zucchini/Tomatoes Fruited Jell-O	6 Split Pea Soup Roasted Turkey W/Gravy Whole Wheat Bread Sweet Potato Green Beans/Red Peppers Orange	7 Apple Juice Vegetarian Lasagna Whole Wheat Bread Tossed Salad Sliced Pineapple
10 Orange Juice Baked Salmon Bowtie Pasta Whole Wheat Bread Collard Greens Diced Pears	11 Blended Juice Beef Stew White Rice Whole Wheat Bread Mixed Vegetables Apple	12 Chicken Soup Baked Chicken Whole Wheat Bread Roasted Potato Broccoli Florets Orange	13 Apple Juice Tilapia Fish W/Garlic Sauce Whole Wheat Bread Mashed Potato Green Beans/Red Peppers	14 Grape Juice Barbecue Chicken Whole Wheat Bread Corn Spinach Banana
17 CLOSED ROSH HASHANAH	18 Orange Juice Roasted Turkey W/Gravy Brown Rice Whole Wheat Bread Collard Greens Pears	19 Apple Juice Meat Balls Spaghetti Whole Wheat Bread Tossed Salad Orange	20 Grape Juice Grilled Chicken Cutlet Whole Wheat Bread Garlic Red Potato Zucchini/Squash Sliced Pineapple	21 Orange Juice Baked Salmon Yellow Rice Whole Wheat Bread Broccoli Florets Banana
24 Grape Juice Baked Fish W/Tartar Sauce Whole Wheat Bread Corn/Red Peppers Spinach Applesauce	25 REMEMBER – Pick Up 2 Lunches – 1 for 9/25 and 1 for 9/26 BEFORE 12:30 when we CLOSE	26 CLOSED YOM KIPPUR	27 Pineapple Juice Cornish Hen Brown Rice Whole Wheat Bread Carrot W/Parsley Apple	28 Orange Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Spears Pears