



STEIN SENIOR CENTER

Jane Barry, Executive Director Bob Doxsey, Deputy Director

Interim Location

The East End Temple

245 East 17th Street

Between 2nd & 3rd Avenues

(Closer to 2nd Avenue)

New York, NY 10003

Tel: (646) 395-8083

Fax: (212) 477-6619

Website: www.steinseniorcenter.org

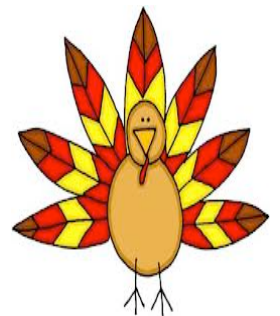
HOURS OF OPERATION: 10:00AM – 2:00PM

NOVEMBER 2012 NEWSLETTER

Happy



Thanksgiving



Hello from the Fourth Floor....

Lots happening in our fair city! All of us at Stein hope that you got through the terrible storm last week. We were unable to open at the Temple due to power outage and we worried about our members getting the services they need throughout the week. We were able to contact some of our members but many were unreachable. We hope things are returning to normal.

Our new senior center is moving towards completion. I feel a little like the boy who cried wolf since I have had to change the date of our move several times! It looks like we will be in the new space up and running by the beginning of January. All the major work is done but we are still waiting for the module that is pre-fabricated and constitutes some walls and offices. We have set a ribbon-cutting date of January 17th and are fairly certain that everything should be completed by that date. We will also be returning to our full program during that time.

We are also sad to note that the Community Lounge will close by the end of December and invite their members to attend Stein. It is difficult to lose one's comfortable senior center and we will make every attempt to make you feel at home in our new site. We appreciate the help that staff of Community Lounge have given to Stein over the years and hope their staff find new positions.

Thank you again for all your patience and support over this long process. We look forward to moving into our brand new space very soon.

Jane Barry, Executive Director

**STEIN SENIOR CENTER
DATES TO REMEMBER**

TUESDAY, NOVEMBER 20TH

Annual Thanksgiving Dinner

12:00

By Reservation Only

SOLD OUT AS OF 11/15

WEDNESDAY, NOVEMBER 21ST

HONEY Thanksgiving Dinners

Delivered to your home between 1:00 – 4:00

Sign up ahead of time

SOLD OUT AS OF 11/15

THURSDAY, NOVEMBER 22ND

FRIDAY, NOVEMBER 23RD

CLOSED FOR THE THANKSGIVING HOLIDAY

STEIN SENIOR CENTER NOVEMBER ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
Folk Dancing: 10:00-11:00 Room 403 11/12, 11/26 Opera Appreciation: 1:15-2:15 Lower Level 11/12, 11/26 Tai Chi: 2:30-3:15 Lower Level 11/12, 11/26	Knitting: 10:00-11:30 Room 403 11/6, 11/13, 11/20, 11/27 Book Club: 1:00-2:00 Room 403 11/27 Annual Thanks- giving Dinner: 12:00 Reservation Only Lower Level 11/20	Belly Dancing: 10:15-11:00 Lower Level 11/7, 11/21, 11/28 Drama Club: 1:00-2:00 Lower Level 11/14, 11/28 Beth Israel Wellness Presentation By Sharon Voytush “Fall Prevention” 11:00 Lower Level 11/14	Meditation: 10:15-11:15 Room 403 11/15, 11/29 Yoga: 1:15-2:15 Lower Level 11/8, 11/15 CLOSED FOR THANKSGIVING 11/22	Arthritis Exercise: 10:45-11:45 Room 403 11/9, 11/30 Shakespeare: 1:15-2:15 Lower Level 11/9, 11/16, 11/30 Yiddish Club: 10:30-11:30 Lower Level 11/9, 11/16, 11/30 CLOSED 11/23

SPECIAL PROGRAMS

<p>Performing Arts Desk</p> <p>Wednesday and Thursday</p> <p>10:30 – 1:30 Lower Level</p> <hr/> <p>Crime Victim Services</p> <p>Program Coordinator and Victim Advocate Teresa Navarro</p> <p>646 395-8083 tnavarro@steinseniorcenter.org</p>	<p>We Care Committee</p> <p>Contact Florence Stoller or Pat Keegan</p> <p>Tell them about people you have not seen and are concerned about.</p> <p>A call will be made and, as appropriate, a card sent.</p> <p>(You can always leave a message for Florence or Pat with Anne Lewent or Sandy Daniels)</p>
<p>Shop & Escort</p> <p>Shopping services and escort to appointments</p> <p>Call Anne Lewent at least 3 days in advance 646 395-8083</p>	<p>Massage Program</p> <p>Wednesdays November 7, 14, 21, 28 Room 401 10:00-2:00</p> <p>By Appointment Only \$15 per _ Hour Session Pre-paid Call Anne 646 395-8083</p>
<p>Registration Tuesday and Thursday 10:00-1:00 Room 402</p> <ol style="list-style-type: none"> 1. Please bring proof of your age. 2. The name, address, and telephone number of your doctor, hospital or clinic. 3. The name, address, and telephone number of an emergency contact such as your spouse, other relative, or friend. 4. A list of medications you are taking along with the daily dosage. 	
<p>Nutritionist – Denise Sabal, R.D.</p> <p>Wednesday, November 7th : consultations 10:00-2:00 Tuesday, November 13th : consultations 10:00-2:00 Tuesday, November 27th : consultations 10:00-1:00</p> <p>ALL MEMBERS</p> <p>Need an updated membership card with a “13 sticker Go to 4th Floor, Room 402</p>	

<p>Tuesday and Thursday 10:00 – 1:00</p>
<p>FREE LEGAL ADVICE</p> <p>Tuesday, November 13th 1:00 – 2:15 Lower Level</p>
<p>HICAP</p> <p>Thursday, November 8</p> <p>See Bob for Appointment</p>
<p>Veterans Honored November 9th – 11:00 Lower Level</p>
<p>United Health Care Presentation – David Ford</p> <p>Tuesday, November 13th</p> <p>11:30 – Lower Level</p>
<p>ANNUAL THANKSGIVING DINNER</p> <p>By Reservation Only \$3.00 per person</p> <p>Tuesday, November 20th – 12:00 – Lower Level</p>

STEIN SENIOR CENTER NOVEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday

<p>5 Turkey and Cheese Sandwich on Whole Wheat Bread Orange</p>	<p>6 Orange Juice Grilled Chicken Cutlet Whole Wheat Bread Garlic Roasted Potatoes Italian Green Beans Fruit Cocktail</p>	<p>7 Split Pea Soup Vegetarian Lasagna Whole Wheat Bread Tossed Salad Orange</p>	<p>8 Pineapple Juice Cornish Hen Brown Rice Whole Wheat Bread Baby Carrot W/Parsley Apple</p>	<p>9 Blended Juice Meat Balls Spaghetti Whole Wheat Bread Tossed Salad Banana</p>
<p>12 Apple Juice Salmon W/Dill Sauce Noodles Whole Wheat Bread Broccoli/Cauliflower Fruit Cocktail</p>	<p>13 Grape Juice Baked Chicken Whole Wheat Bread Baked Potato Collard Green W/Red Pepper/Onion Sliced Peaches</p>	<p>14 Orange Juice Roasted Turkey W/Gravy Whole Wheat Bread Sweet Potato Green Beans W/Garlic Almond Pineapple Chunks</p>	<p>15 Blended Juice Meatloaf Rice Whole Wheat Bread Peas/Carrots Apple</p>	<p>16 Baked Fish Whole Wheat Bread Corn W/Pepper Spinach Orange</p>
<p>19 Apple Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Floret Pineapple Chunks</p>	<p>20</p>	<p>21 Pineapple Juice Grilled Chicken Cutlet Whole Wheat Bread Roasted Garlic Red Potato Zucchini & Squash Sliced Pears</p>	<p>22 CLOSED FOR THANKS-GIVING</p>	<p>23 CLOSED FOR THANKS-GIVING</p>
<p>26 Pineapple Juice Baked Fish Yellow Rice Whole Wheat Bread Garlic Spinach Applesauce</p>	<p>27 Orange Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Spears Pear</p>	<p>28 Grape Juice Baked Chicken Whole Wheat Bread Mashed Potatoes Zucchini/Tomatoes Fruited Jell-O</p>	<p>29 Split Pea Soup Roasted Turkey W/Gravy Whole Wheat Bread Baked Sweet Potato Green Beans/Red Peppers Orange</p>	<p>30 Apple Juice Vegetarian Lasagna Whole Wheat Bread Tossed Salad Sliced Pineapple</p>