

# STEIN SENIOR CENTER

Jane Barry, Executive Director   Bob Doxsey, Deputy Director

WELCOME TO OUR NEW HOME!



204 East 23<sup>rd</sup> Street, 2<sup>nd</sup> Floor  
Between 2<sup>nd</sup> & 3<sup>rd</sup> Avenues  
New York, NY 10010

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HOURS OF OPERATION

MONDAY-FRIDAY

8:30AM-4:30PM

FEBRUARY 2013 NEWSLETTER

Goodbye to the Fourth Floor!!!

As I am writing this, it is our last week at The East End Temple after more than a year (it was originally supposed to be three months!)

We are so thankful to Rabbi Adelson, Sharon Shemish, Lauren Weinberger, Shira Ginsburg and Karen Feuer for their hospitality and flexibility in extending our occupancy as needed. We felt like the man who came to dinner and never left! We will be moving to our new, permanent space at **204 East 23<sup>rd</sup> Street, 2<sup>nd</sup> floor** on February 1<sup>st</sup>! Our **opening date to the public** will be **Monday, February 4<sup>th</sup>** and we will go back to our usual time of **8:30am to 4:30pm**, Monday through Friday. It has been a long road to this point with help from many people. I would first like to thank the NYC Dept. for the Aging for the funding to renovate our new space. They have hung in there through some difficult times and kept our funding in place, and provided many hours of technical assistance.

I must mention my staff and volunteers at Stein for their hard work under some difficult circumstances. They have had to adjust to working in temporary surroundings, classrooms for kids and no storage for a year. They are dedicated and unstoppable. Thanks to our loyal members who came for lunch and activities at the Temple. I began to feel like the girl who cried “Wolf!”, after announcing different move dates each time they changed.

Our elected officials have also taken a keen interest in our project and stepped in when needed (Tom Duane, Rosie Mendez, Dan Garodnick, Christine Quinn, Jessica Lappin, Brian Kavanaugh, Carolyn Maloney, Liz Kreuger). Community Board 6, Senior Issues Committee has also followed our progress with interest and support. We were sorry to hear about the closing of the Community Lounge on December 31<sup>st</sup> and were concerned that we weren't yet in the new space to serve the displaced members. Our new home will serve up to 150 people at one seating in a brand new, modern senior center. If necessary, we will have a second seating for lunch. Of course, we will bring back all our wonderful activities including a few new ones. Bridge Players please note: We bought new tables that are square for the purpose of playing bridge and have hired Steve McCann, respected teacher of bridge to lead the group. Bridge will start on Wednesday, Feb. 27<sup>th</sup> at 1:30 pm.

We are also looking into Zumba classes and a collaboration with Turtle Bay Music School in bringing music to our center. Of course, we are ramping up fundraising initiatives and bringing our “**Tree of Life**” as a way to honor your loved ones. The tree has 4 price levels. If you would like to order a leaf, apple, dove or stone, speak with the office for more information. We are excited to move into our new home and know you will enjoy all the programs we offer. See you there!

Jane Barry, Executive Director

# STEIN SENIOR CENTER

## FEBRUARY ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Opera Appreciation:</b> 1:30 – 2:30 Dining Room Every Monday Starting 2/4*</p> <p><b>Tai Chi:</b> 11:30 – 12:30 Every Monday Starting 2/4* Activity Room 1 &amp; 2</p> <p style="text-align: center;"><b>*CLOSED 2/18 FOR PRESIDENTS’ DAY</b></p>	<p><b>Knitting:</b> 10:00 – 11:30 Activity Room 2 Every Tuesday Starting 2/5</p> <p><b>Belly Dancing:</b> 10:45 – 11:45 Every Tuesday Starting 2/12 Lecture Room</p>	<p><b>Bridge Club:</b> 1:30 – 3:45 Every Wednesday Starting 2/27 Dining Room</p> <p><b>Meditation:</b> 1:00 – 2:00 Every Wednesday Starting 2/6 Lecture Room</p> <p><b>Drama Club:</b> 2:30 – 3:30 2/13 and 2/27 Activity Room 1</p>		<p><b>Arthritis Exercise:</b> 10:45-11:45 Every Friday Starting 2/15 Lecture Room</p> <p><b>Shakespeare:</b> 1:30-2:30 Every Friday Starting 2/15 Dining Room</p> <p><b>Yiddish Club:</b> 10:30-11:30 Every Friday Starting 2/15 Activity Room 1</p>

## SPECIAL PROGRAMS

<p><b>Performing Arts Desk</b></p> <p><b>Resumes</b> <b>Wednesday, February 27<sup>th</sup></b></p>	<p><b>We Care Committee</b></p> <p><b>Contact Florence Stoller or Pat Keegan</b></p> <p><b>Tell them about people you have not seen and are concerned about.</b></p> <p><b>A call will be made and, as appropriate, a card sent.</b></p> <p>(You can always leave a message for Florence or Pat with Anne Lewent or Sandy Daniels)</p>
<p><b>Crime Victim Services</b></p> <p><b>Program Coordinator and Victim Advocate</b> <b>Teresa Navarro</b></p> <p><b>646 395-8083</b> <b><a href="mailto:tnavarro@steinseniorcenter.org">tnavarro@steinseniorcenter.org</a></b></p>	
<p><b>Shop &amp; Escort</b></p> <p><b>Shopping services and escort to appointments</b></p> <p><b>Call Anne Lewent</b> <b>at least 3 days in advance</b> <b>646 395-8083</b></p>	<p><b>Massage Program</b> <b>Wednesday</b> <b>Resumes February 27<sup>th</sup></b> <b>9:30 - 1:00</b> <b>By Appointment Only</b> <b>\$15 per _ Hour Session</b> <b>Pre-paid</b> <b>Call Anne 646 395-8083</b></p>
<p><b>Registration</b> <b>Tuesday and Thursday</b> <b>10:00-1:00</b></p> <ol style="list-style-type: none"> <li><b>1. Please bring proof of your age.</b></li> <li><b>2. The name, address, and telephone number of your doctor, hospital or clinic.</b></li> <li><b>3. The name, address, and telephone number of an emergency contact such as your spouse, other relative, or friend.</b></li> <li><b>4. A list of medications you are taking along with the daily dosage.</b></li> </ol>	

## **SPECIAL PROGRAMS**

### **ALL MEMBERS**

**Need an updated membership card with a '13 sticker**

**Tuesday and Thursday**

**10:00 – 1:00**

### **PROGRAMS RETURNING IN MARCH**

**Painting**

**Book Club**

**Folk Dancing**

## STEIN SENIOR CENTER FEBRUARY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Blended Juice Meat Balls Spaghetti Whole Wheat Bread Tossed Salad Banana
<b>4</b> Apple Juice Salmon W/Dill Sauce Yellow Rice Whole Wheat Bread Broccoli/Cauliflower Fruit Cocktail	<b>5</b> Grape Juice Baked Chicken Whole Wheat Bread Baked Potato Collard Green W/Red Pepper/Onion Sliced Peaches	<b>6</b> Orange Juice Roasted Turkey W/Gravy Whole Wheat Bread Sweet Potato Green Beans W/Garlic Almond Pineapple Chunks	<b>7</b> Blended Juice Meatloaf Rice Whole Wheat Bread Peas/Carrots Apple	<b>8</b> Grape Juice Baked Fish Whole Wheat Bread Corn W/Pepper Spinach Orange
<b>11</b> Apple Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Floret Pineapple Chunks	<b>12</b> Orange Juice Barbecue Chicken Brown Rice Whole Wheat Bread Spinach W/Garlic Apple	<b>13</b> Pineapple Juice Grilled Chicken Cutlet Whole Wheat Bread Roasted Garlic Red Potato Zucchini W/Squash Sliced Pears	<b>14</b> Split Pea Soup Baked Fish Whole Wheat Bread Mashed Potatoes Green Beans W/Carrots Orange	<b>15</b> Orange Juice Vegetarian Lasagna Whole Wheat Bread Tossed Salad Banana
<b>18</b>  <b>CLOSED FOR PRESIDENTS' DAY</b>	<b>19</b> Orange Juice Meat Balls Spaghetti Whole Wheat Bread Broccoli Spears Pear	<b>20</b> Grape Juice Baked Chicken Whole Wheat Bread Mashed Potatoes Zucchini/Tomatoes Fruited Jell-O	<b>21</b> Split Pea Soup Roasted Turkey W/Gravy Whole Wheat Bread Sweet Potato Green Beans/Red Peppers Orange	<b>22</b> Apple Juice Vegetarian Lasagna Whole Wheat Bread Tossed Salad Sliced Pineapple
<b>25</b> Orange Juice Baked Salmon Bowtie Pasta Whole Wheat Bread Collard Greens (Garlic/Onions) Diced Pears	<b>26</b> Blended Juice Beef Stew White Rice Whole Wheat Bread Mixed Vegetable Apple	<b>27</b> Chicken Soup Baked Chicken Whole Wheat Bread Roasted Potato Broccoli Florets Orange	<b>28</b> Apple Juice Tilapia Fish W/Garlic Sauce Whole Wheat Bread Mashed Potatoes Green Beans W/Red Peppers Sliced Peaches	